



August 2023

Houston Gateway Academy
Supper 6-18yr

		01	02	03
07	08	09	10	
14	15	16	17	
21 Lunch Entree Fritos & Taco Dip Vegetables Baby Carrots Fruit Apple Crisps	22 Lunch Entree Bagel with Cream Cheese & Wowbutter Vegetables Baby Carrots Fruit Red Apple Slices	23 Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Craisins	24 Lunch Entree Honey Mustard Chicken Slider Vegetables Baby Carrots Fruit Orange	
28 Lunch Entree Wowbutter & Jelly Sandwich Vegetables Baby Carrots Fruit Apple Crisps	29 Lunch Entree Peach Smoothie + Cinnamon Toast Crunch Cereal Bar Vegetables Baby Carrots Fruit	30 Lunch Entree Parmesan Garlic Chicken Roll-up Vegetables Baby Carrots Fruit Craisins	31 Lunch Entree Turkey & Cheese Sandwich Vegetables Baby Carrots Fruit Orange	

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.